



**PRESENTS**



**APPROACH 2026**

**UAE Edition**

# CATEGORIES OF PERFORMANCE

01. ADAVU CATEGORY

09. PADAM / JAAVALI

02. HASTHAS AND BEDHAS

10. SIMPLE DANCE

03. PUSHPANJALI OR INVOCATORY  
DANCE

11. KEERTHANAM / DASAR KRITHI

04. ALARIPPU

12. THILLANA

05. JATHISWARAM

13. MULTIMEDIA PRESENTATION

06. KAUTHUVAM

14. FANCY DRESS

07. SABDAM

15. MINI CONCERT

08. VARNAM

**Note:** For each category, judges will assign scores to each Samrat Score Criterion on a **0–10 scale**, ensuring uniform evaluation across all participants.

<b>CATEGORY</b>	<b>DESCRIPTION</b>	<b>TIME</b>	<b>MAK EUP</b>	<b>COSTUME</b>	<b>CLASSIFI CATION</b>	<b>SCORE CRITERIA</b>
<b>Adavu</b>	Participants will be evaluated based on different adavus or steps in different speeds for stamina and perfection. Juniors must be able to do combination of adavus if asked. Sub Juniors can compete for steps till the level they have learnt.	3 MINUTES	NO	dance practice salwar/pavaada (skirt & top) up to knee length/practice saree	SUB JUNIORS, JUNIORS	The performance will be evaluated based on Adavu precision, Angashudhi, Tala alignment, Bhramari stability, and overall stamina and clarity.
<b>Hashtas &amp; Bedhas</b>	Participants will be evaluated on the ability to display Hashtas and Bedhas. Sub Juniors and Juniors demonstrate with slokas; Seniors explain uses.	3 MINUTES	NO	dance practice salwar/pavaada/p ractice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on accuracy of gestures, Angashudhi, understanding of Hashtas and Bedhas, expression clarity, and presentation.

<b>Pushpanjali / Invocatory Dance</b>	Participants perform any Pushpanjali or Invocatory dance and will be questioned on Raaga and Talam.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Tala precision, Bhava and Rasa, Abhinaya clarity, and overall presentation quality.
<b>Alarippu</b>	Participants can perform any Alarippu. Sub Juniors will be asked Talam; Juniors and Seniors will be asked Talam and Sollukattu.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Tala alignment, Bhramari steadiness, Bhava clarity, and Abhinaya execution.
<b>Jatiswaram</b>	Participants can perform any Jatiswaram. Sub Juniors & Juniors will be asked Raagam, Talam, Composer; Seniors should sing Pallavi with Talam.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Tala precision, Musicality, Bhramari stability, and overall stage presence.

<b>Kauthuvam</b>	Participants can perform any Kauthuvam. Sub Juniors & Juniors asked raagam, talam; Seniors asked raagam, talam, sahityam, meaning.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Tala discipline, Angashudhi, Abhinaya strength, Bhava expression, and presentation quality.
<b>Sabdam</b>	Participants can perform any Sabdam. Sub Juniors & Juniors asked raagam & talam; Seniors asked raagam, talam, sahityam, meaning.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Bhava and Rasa, Angashudhi, Abhinaya, Tala steadiness, and expression clarity.
<b>Varnam</b>	Participants perform Pada Varnam. Sub Juniors & Juniors asked raagam, talam, stories of sanchari; Seniors asked raagam, talam, composer, sthala puranam, stories, and sollukattu with talam.	5 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Bhava depth, Tala precision, Abhinaya clarity, creativity, and overall presentation.

<b>Simple Dance</b>	Participants can perform simple songs like Bhajan, Abhang, Thirupaavai, Bharathiyar songs; must know raagam, talam, sahithyam, composer.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Tala alignment, Bhava and Rasa, and overall clarity of expression.
<b>Padam / Jaavali</b>	Participants can perform Padams or Jaavalis of classical composers; Seniors must know ragam, talam, sahithyam, sthaya bhavam, rasa.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Abhinaya depth, Bhava & Rasa strength, Angashudhi, Tala accuracy, and emotional connect.
<b>Keerthanam / Dasar Krithi</b>	Participants are expected to perform for a devotional song that focusses on abhinaya, and rhythmic movements.	5 MINUTES	NO	Dance Practice Salwar / Pavaada / Practice Saree.	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Bhava depth, Tala precision, Abhinaya clarity, creativity, and overall presentation.

<b>Thillana</b>	Participants can perform any Thillana; must know talam, ragam, composer, sahithyam of charanam.	3 MINUTES	NO	dance practice salwar/pavaada/practice saree	SUB JUNIORS, JUNIORS, SENIORS	The performance will be evaluated based on Angashudhi, Tala control, Bhramari & Sthiratvam, stage energy, and creativity.
<b>Multimedia Presentation</b>	Multi-media presentation on any dance-related topic, dance gurus, or legendary dance artists.	3 MINUTES	NO	Casual Dress	SUB JUNIORS, JUNIORS, SENIORS	The presentation will be evaluated based on content strength, presentation clarity, reference quality, and interpretation.
<b>Fancy Dress</b>	Participant can dress up as any God or Goddess from Indian mythology.	1 MINUTE	YES	Your Choice	SUB JUNIORS, JUNIORS, SENIORS	
<b>Mini Concert</b>	Participants are expected to execute one mini performance with live orchestra or recorded music. It is a solo performance evaluation.	15 MINUTES	YES	Dance Practice Salwar / Pavaada / Practice Saree.	SUPER SENIORS	The performance will be evaluated based on Angashudhi (purity of form and posture), Tala (timing and rhythm), Bhramari and Sthiratvam (balance and steadiness), Bhava and Rasa (expression and sentiment), Abhinaya (communication gestures), Sattvika (emotional connect), Musicality, Stage Presence and Energy, Creativity, Dedication and Effortlessness,

						Orchestra team coordination (If available), and Nattuvangam coordination effectiveness (if available).
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AGE BASED CLASSIFICATION :  
(Age is calculated based on completed years as on 01.01.2026).

01. SUB-JUNIORS : UPTO 9 YEARS.
02. JUNIORS : FROM ABOVE 9 AND UPTO 14 YEARS.
03. SENIORS : FROM ABOVE 14 AND UPTO 18 YEARS.
04. SUPER SENIORS: 18 YEARS AND ABOVE

SANGEET SAMRAT TITLE  
ELIGIBILITY FOR SUB JUNIORS,  
JUNIORS, AND SENIORS:

MINIMUM PARTICIPATION OF 5  
CATEGORIES.

SANGEET SAMRAT TITLE  
ELIGIBILITY FOR SUPER SENIORS:

MINIMUM PARTICIPATION OF 5  
CATEGORIES. (MINI CONCERT IS  
MANDATORY)